# Food Group Discovery

## Middle or High School FACS Classes

### Overview
Each group will explore the various food groups by using TinyChat to communicate with the group members and teacher to complete this project.

### Objective
Students will explore and gather information on the assigned food group by using TinyChat to communicate with members of the group and teacher to complete a presentation of the group’s choice.

### Materials/Resources
- Project Guidelines Sheet
- Explain how to use TinyChat application on the computer at the following link: [http://tinychat.com/](http://tinychat.com/)
- List of Food Groups for assigning:
  - Grains
  - Vegetables
  - Fruit
  - Dairy
  - Protein

### Procedure
1. Students will choose group members that they would like to work with for this project
2. Each group is assigned a given food group
3. Explain how to use TinyChat to the students
4. Explain the guidelines for the project and how to incorporate TinyChat for completion of this project
5. This project is to be completed in two days
6. Students will present the information to the class in any presentation type of the group’s choice (poster, PowerPoint, collage, etc.)

### Evaluation/Assessment
- Students will be evaluated by a grading rubric of incorporating the various elements as listed into the presentation:
  - Name of Food Group
<table>
<thead>
<tr>
<th>Foods and Nutrition</th>
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</thead>
<tbody>
<tr>
<td>- Serving Sizes/Recommended Daily Values</td>
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<tr>
<td>- Foods Included in food group</td>
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<tr>
<td>- How to cook various food items in the assigned group</td>
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<tr>
<td>- List of Nutrients provided by eating this food group</td>
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<tr>
<td>- Must include pictures of the foods in the assigned group</td>
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<tr>
<td>- Evaluate the Proper Usage of the TinyChat application</td>
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