1. **Title and grade level**

   **Title:** “Basic Rules of Basketball”  
   **Grade level:** Third grade

2. **Overview**

   It is an optional after school program that teaches the core principles and regulations of the game to third grade students. After the two week session concludes, I want the students to understand all the rules of the game. My students will know all of these infractions: travel, double dribble, backcourt violation, out-of-bounds, and three seconds in the lane violation. I want them to be able to describe and recognize when these simple infractions of the rules are made. I have uploaded my schedule on Notely, which is an online organizer which can be accessed by this link: http://www.notely.net/calendar_month.php

   *Like any other school function, permission slips are necessary. Go to Notely, and click the “Calendar” tab on the left side. You will notice that I have scheduled to begin passing out permission slips three weeks prior to the start of camp to give everyone ample time to turn them in.*

3. **Objective**

   I will measure my student’s progress by videotaping a game played by them on the first day. At the end of the two weeks, I will film another game session and should be able to see massive improvements in the fundamentals of the game. The speed of the game itself should be greatly enhanced because we will not need to stop for nearly as many infringements of the rules. After demonstrating the correct techniques to my students, they will be able to correctly play the game of basketball.

4. **Standards**

   The standards are pretty well-known and laid out. The rules I want them to learn are pretty straightforward. Here is a list of the standard rules I want for them to understand and eventually go on to master:
   - Double dribble
   - Traveling
   - Three seconds in the lane violation
   - Backcourt violation

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- Out-of-bounds
- Fouls (both offensive and defensive)
- Palming
- Five seconds to inbound the ball
- Ten seconds to advance the ball into the frontcourt

These are not so much academic standards as they are rules and regulations of basketball. These rules are pretty standard throughout the sport, the only difference being that we will use a youth size basketball. This ball will have a circumference of 28.5 inches and weigh between 18-20 ounces.

5. Materials

The school will provide the regulation size gym, basketball goals, and balls. Students are expected to dress in loose-fitting athletic clothes and non-marking gym shoes. Preferably, these shoes will cover the ankle to help avoid injury.

*On Notely, I have set up my schedule to show the times for which we may access the gym. This was not an easy task because of all the other school functions the gym is also used for. Simply click on the “Schedule” tab on the left-hand side to view when we are scheduled to be in the basketball gym. I believe we should have it Monday-Friday from 3:15 to 4:30, but you should definitely look to make sure.*

6. Procedure

I will teach them the rules one at a time with the following process.

1. Pick out a rule I want them to grasp, for example double dribbling
2. Describe what the rule means
3. Demonstrate the rule infraction because by seeing it they can better understand what I am talking about
4. Have the students come up and show me the rule infraction, the correct way to play, and how to avoid the infraction
5. Let the kids practice that rule for a while, perhaps in a game setting
6. Pick out another rule I want them to learn and continue the process

I have set the “To-Dos” on Notely exactly the way I want the students to be taught. From the Notely website, a tab entitled “To-Dos” should be visible. By clicking this tab, you will see a list of the items I want to teach the students during their stay at camp. The “To-Dos” are arranged by their date. Please feel free to delete them once you have finished each task. This list may seem overwhelming, or a little jumbled up with all of the tasks right on top of one another. If this is the case, then simply click the “Calendar” tab. This shows the same information, but in a more abstract view. Now you can see from a monthly perspective which “To-Do” should be focused on for which day.

7. Evaluation

As stated previously, I will allow the students to play another scrimmage on the last day of my program. This game should be more fundamentally sound and have a greater speed to it. From this tape, I will be able to evaluate not only the ability of the children, but also my ability as an instructor. I will look for what went well and what did not go well and adjust my future lesson plan accordingly.

I have used Notely to organize my time so I can set aside time to review my game tape. On Notely’s “Calendar” tab, you can see that I have arranged to watch the film the first Monday after the camp ends. I want to evaluate the students grasp for basic basketball rules and principles, as well as evaluate myself as an educator. While watching the game film in my office, I will use Notely to take notes on what I am watching. The “To-Dos” page is a great place to put these notes because there I can see which teaching methods did and did not work. This will allow me to improve my lesson plan for the next camp. As far as evaluating the students goes, it will be based on this point scale:

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<tr>
<th>Points</th>
<th>Demonstration</th>
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<tbody>
<tr>
<td>5</td>
<td>Excellent</td>
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<td>4</td>
<td>Good</td>
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<td>3</td>
<td>Adequate</td>
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<td>2</td>
<td>Poor</td>
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<tr>
<td>1</td>
<td>Did not grasp concept at all</td>
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