# Food and Flokio

**Grade Level:** 9-12  
**Estimated Time:** 50 Minutes

## Objectives

Following this activity students will be able to

- Supply examples of unique food dishes from around the country by providing recipes and videos found on the internet
- Use Flokio comfortably
- Watch a video online
- Discuss and comment on educational videos in an online discussion room

## Materials

- Internet Access
- Computers found in the Computer Lab
- A Flokio account for each student

## Procedures

1. Before beginning the lesson students should already know the following information about the United States:
   - There are 50 states and five major regions within the United States
   - The regions are the South, Midwest, Southwest, West, and New England

2. Prior to the lesson the instructor should have already:
   - Created a private Flokio group for the class
   - Posted an online video to the Flokio group that describes a unique dish native to one region of the United States. An example video would be a video describing a unique southern dish, fried chicken and waffles. The video can be found at [http://www.youtube.com/watch?v=5HD9JHTzQfg&feature=channel](http://www.youtube.com/watch?v=5HD9JHTzQfg&feature=channel)

3. Supply each student with a computer and internet access found in the computer lab.
4. Have the students go to Flokio.com and login with their user ID and password.
5. After they have logged in they should watch the video the instructor previously posted to the group.
6. Students should then make their own post commenting on the previous dish and also supplying a unique dish of their own. The example could be a written recipe or a video.
7. Students should read the posts of their classmates and reply to at least two other posts.
   - The prompt the students should respond to for each reply is: Have you ever had this dish? Does it sound interesting to you? Would you like to try this recipe? Does it remind you of anything you have had before?

## Evaluation

Take time at the end of class to give everyone time to explain their unique dish. The students will be given a grade based on the number and quality of their posts, as well as if they followed the writing prompt.