### Overview
The purpose of this lesson is for students to experience real-life but not necessarily common safety issues and ways to respond in each particular situation so as to remain safe.

### Objective
Following this lesson, students will be able to identify adverse situations and explore several options for handling the situation so that they remain safe.

### Standards
Indiana Middle School Standards: Family and Consumer Sciences

- **M.S.5.18:** Personal Safety: Demonstrate skills needed for self-responsibility and self-protection, including; Refusal skills

- **M.S.5.19:** Personal Safety: Demonstrate skills needed for self-responsibility and self-protection, including; Physical, emotional, and sexual abuse

- **M.S.5.20:** Personal Safety: Demonstrate skills needed for self-responsibility and self-protection, including; Unexpected situations

### Materials
The material needed for this lesson includes:
- Handouts
- Cue Cards
- Xtranormal video
### Procedures

- Allow for students to get settled into their seats as they come into class.
- Pass out hand outs and cue cards to the students.
- Explain to the students that today they will be seeing a few Xtranormal videos to show real life examples of situations that could potentially put them in harm’s way and that you will ask them to identify appropriate ways to handle the situation to remain safe.
- Tell the students rewards will be given when students can explain an effective strategy to get out of the situation.
- Show them an example. Reiterate that the character in the video was approached by an adult that that appeared to be harmless, but was a stranger and started asking the child very unnecessary personal questions. Explain that the child should have quickly located a well-known adult or public figure and calmly and politely excused themselves to go to said adult.
- Ask the students if they have any questions and answer any questions they may have before proceeding.
- Show the first video. After it finishes, ask the students if they can identify the situation shown in the video. If they can, proceed to the next video and reward the student(s) able to explain successful strategies for getting out of the situation. If they cannot, show various parts of the video over and give them cues. After they are able to figure out the answer, be sure to explain in detail using support from the video as to why it was that answer.
- Repeat this until all of the videos are shown.
- Before releasing the students, check for understanding of basic community and personal safety
- Dismiss the students.

### Evaluation

The students will be evaluated based on their participation and feedback. The students will be required to give a minimum of 2-3 possible strategies to avoid or remove themselves from the situation.