## Health Lesson Plan

### Elementary Education

<table>
<thead>
<tr>
<th><strong>OVERVIEW</strong></th>
<th>The heart is a vital organ made of muscle tissues that pump blood throughout the circulatory system.</th>
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</thead>
<tbody>
<tr>
<td><strong>OBJECTIVES</strong></td>
<td>Given a diagram of the human heart students will be able to understand the function of the circulatory system with 100% accuracy.</td>
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</tbody>
</table>
| **MATERIALS**      | - Map of heart  
                      - Crayons |
| **PROCEDURE**      | 1) After reviewing maps of the human heart students will watch a short video on the function of the heart  
                      2) After viewing the video about the different chambers of the heart, students will receive a worksheet with a picture of a heart.  
                      3) Students will then be assigned to color the different chambers of the heart. |
| **EVALUATION**     | Students will take a quiz over the location of the different chambers of the heart. |

"How the heart works"
This video could help students visualize the heart and the different chambers within the heart. Because students cannot see the heart, it may be difficult for them to understand what is going on inside their own bodies. A video could help them visualize this and more effectively remember this type of material.